



Health Benefits		Default Plan	FLEXible Options	
Prescription Drugs		Balanced	Enhanced Drugs & Parameds	Enhanced Dental
		80%	90%	60%
		Up to \$2,500 per benefits year for medications listed under the National Formulary with a generic rider. The maximum dispensing fee is \$10.		
Vaccines		Your student health plan covers up to \$200 per benefit year, combined with your maximum drug coverage, for standard preventative vaccines		
Vision Care	80%	Coverage for an eye examination, eyeglasses, and contact lenses is combined and available once every 24 consecutive months. Services must be provided by a licensed Optometrist or Ophthalmologist.		
		\$150	\$150	No Coverage
		Eyeglasses or contact lenses are covered once every 24 consecutive months.		
Paramedical Practitioners	80%	\$60 per visit	\$60 per visit	\$60 per visit
		Up to \$500	Up to \$700	Up to \$500
		Per practitioner per benefit year for services from chiropractors, registered massage therapists*, speech language pathologists* and physiotherapist*.		
Mental Health Practitioners		80%	80%	80%
		Up to \$500	Up to \$500	Up to \$300
		Combined per benefit year for services from registered psychologists, qualified social workers, psychotherapists, therapists, or counsellors. For a complete list of eligible practitioners, please visit the plan website. Up to \$60 per visit.		
Medical Equipment & Supplies		80%	80%	80%
		Includes walkers, braces, crutches, splints, trusses, wheelchairs, hospital beds, Custom Orthotic Shoes and Orthopedic Appliances (\$250/benefit year). Requires prescription and medical necessity. Pre-determination recommended.		
Ambulance Services		80%	Ambulance to nearest treating hospital (\$500/benefit year - Reasonable & Customary)	
Dental Accident		-	Up to \$1,000 per accident for the repair or replacement of healthy, natural teeth that are damaged by sudden impact. Treatment must be completed within 12 months of the accident. If scheduled more than 90 days after the impact, a treatment plan must be submitted within the 90-day period.	
Emergency Travel Assistance		\$100%	Up to \$5 million per benefit year for emergency expenses on trips for vacation, business or education purposes originating from Canada.	
Tutorial Insurance		\$15 Per hour	Up to \$2,000 per benefit year if a student has been confined to their home or a hospital for at least 15 consecutive school days.	
Accidental Death & Dismemberment		-	Loss of life, limb, or paralysis due to an accident, with a life benefit of \$5,000.	
Ask your dentist to submit a predetermination to TELUS Adjudicare prior to any dental treatment plan exceeding \$500.				
Dental Benefits		Balanced	Enhanced Drug & Parameds	Enhanced Dental
Dental Coverage is a combined maximum		\$650/Benefit year	\$500/Benefit year	\$750/Benefit year
Diagnostic & Preventative		70%	60%	80%
		Complete oral examination, one recall examination per benefit year, and a full series X-rays up to 16 films every 36 months. 1 unit of polishing and up to 2 units of scaling once per benefit year.		
Minor Restorative		70%	50%	70%
		Fillings.		
Oral Surgery		50%	50%	50%
		Extractions. Limited to 2 wisdom teeth extractions per benefit year. Anaesthesia Eligible when done in conjunction with Oral Surgery		
Endodontic		50% of root canal therapy and treatment of gums.		
Periodontic		50% of periodontal services.		

Enrollment Confirmation

Eligible domestic and international students are automatically enrolled in the Student Benefits Plan — no application needed.

Check your student account statement for health and dental insurance fee to confirm enrollment.

Validation Period

New enrollments have a validation period of up to 60 days starting from the term's beginning. During this time, pay out-of-pocket for eligible expenses and keep your receipts to submit online claims once the validation period ends.

How To Use Your Student Benefits Plan

- Confirm enrollment
- Understand your benefits
- Register on the Alumo Benefits App
- Enter your address & banking info in the profile
- Download benefit cards for direct billing
- Submit claims online for reimbursement if direct billing is not available

Online Applications

- Opt-out
- Add dependents
- Flex your plan
- Re-enroll

Applications must be submitted by the deadline. No exceptions.

alumo.ca

Coordinating Multiple Plans

If you are eligible for the health and dental plan and have another benefits plan, you can combine them to get up to 100% coverage.

Alumo Benefits App

Powered by Telus Adjudicare

Register and manage your benefits online or via the mobile app!

- Download benefit cards
- View coverage details
- Confirm prescription coverage
- Check plan usage and balances
- Submit and track claims
- Stay updated on events and changes

Additional Benefits Designed for You:

Mental Health & Wellness

Student Assistance Program

Powered by Dialogue



A student assistance program providing mental health and wellness services 24/7

Gender Affirmation Care



Gender-affirming medical coverage and legal assistance for students on their gender affirmation journeys.

In case of any discrepancy between the information provided here and the contract with the insurer, the contract terms will prevail. All benefits payable under the student plan are based on reasonable and customary charges

Group #	Certificate #	Pharmacy	Dental	Health
181902	Your student ID (numbers only, no letters or leading zeros)	assure Carrier: 34	TELUS Adjudicare Carrier 000034	eClaims TELUS Adjudicare

General Inquires

Alberta University of the
Arts 1407 - 14
Ave. NW Calgary, AB

Contact Centre

Phone: 1-866-586-1010
claims@alumo.ca
Claims not accepted
via email

Emergency Travel Assistance

Policy No: SRG 9430721
In event of travel emergency
Call: GEM (US & Canada)
1-877-207-5018 GEM
(Collect) 819-566-3940
Provided by AIG Insurance

ALUMO



Students'
Association
Alberta University
of the Arts



Questions?: <https://contact.alumo.ca/en/contact>

Learn more at alumo.ca.