

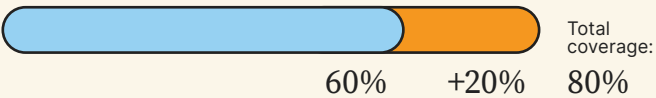
Exclusive savings from Alumo Network members*

- Your Plan coverage**

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.
- Alumo Networks**

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Alumo Dental Network practitioner.



Save more, spend less with Network members**

up to 100% on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Vancouver Alumo Vision Network

\$75 off select prescription eyeglass models

\$75 eye exams

\$75 eye exams including OCT Scan

20% off contact lenses

Select range of eyeglass models from only \$69

\$600 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Preferred rates on 50-minute adult therapy or coaching sessions

and more!
Dentists, physiotherapists, chiropractors, and gender-affirming care practitioners

*Alumo and the insurers do not endorse or assume any responsibility with respect to the use of their services.
**Certain conditions apply.

An essential service for students

Most full-time students (i.e. students enrolled in 9 or more credits) in the Fall Term who are CSU members are automatically covered by the CSU Improved Health & Dental Plan. This includes:

- Full-time students studying at the Squamish and Sechelt campuses
- Students taking online courses
- Students attending courses at other off-campus locations

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

Part-time students and new Spring or Summer Term students may be eligible to opt themselves into the Plan. Find out more at alumo.ca.

Pacific Blue Cross
P.O. Box 7000
Vancouver, BC
V6B 4E1
Health, vision, and dental, benefits are insured by Pacific Blue Cross.
Policy number: 43997

GreenShield
8677 Anchor Drive
PO Box 1606
Windsor, ON N9A 6W1
1-888-525-7587
Gender Affirmation Care medical coverage is insured by GreenShield.
Group number: GCG

Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-888-852-2419 or 1-514-904-4730
for travel claims
Group number (travel): 97180
Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/ Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.

To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit alumo.ca. Please note that the Student Assistance Program and the legal component of Gender Affirmation Care are not insurance products.

Submit claims quickly and easily

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the App Store or Google Play, or sign up at <https://service.pac.bluecross.ca/member/login>.



NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit alumo.ca to learn about all the applicable conditions and exclusions.

ALUMO



2026–2027

CSU Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group/Policy numbers

Health, vision, and dental:
43997 (Pacific Blue Cross)

Travel:
97180 (Securian Canada)

Gender Affirmation Care:
GCG (GreenShield)



For complete details on coverage, eligibility, and group/policy numbers, visit alumo.ca.



Health Plan

Health Over \$10,000		Basic Plan Per Visit / Purchase	Improved Plan Per Visit / Purchase	Per Policy Year
Prescription drugs*		80%	80%	∞
Vaccinations		100%	100%	\$150
Mental health practitioner Registered psychologist, Master of Social Work, registered clinical counsellor, or Canadian certified counsellor		100%	100%	Basic: \$900 Improved: \$1,000
Massage therapist Requires a referral from an MD		\$40	80%	\$400
Physiotherapist		\$40	80%	\$400
Chiropractor Includes one x-ray per policy year		\$25	80%	\$250
Naturopath		\$25	80%	\$250
Osteopath Includes one x-ray per policy year		\$25	80%	\$250
Podiatrist/Chiropodist Includes one x-ray per policy year		\$25	80%	\$250
Speech therapist		80%	80%	\$250

Reasonable and customary amounts may apply.

Critical Illness Insurance (included in both the Improved Plan & the Basic Plan):
Up to \$5,000 in case of a critical medical condition or injury.
See the details at [alumo.ca](#).

Plus: Home nurse, tutorial service, ambulance, dental accident, medical equipment, and more

*Plan members covered by BC MSP must register for BC Fair PharmaCare, a provincial drug program, to maximize overall drug coverage and ensure their claims won't be interrupted once they reach the student Plan drug claims threshold. Find instructions and your threshold amount at [alumo.ca](#).

Vision Over \$150		Basic Plan Amount Covered	Improved Plan Amount Covered	Eligible Every
Eye exam		1 (up to \$50)	1 (up to \$50)	24 months
Eyeglasses and contact lenses		\$125	\$125	24 months

Dental Plan

Dental
Up to \$750



Preventive services
→ Recall exams
→ Cleanings
→ Scaling

Basic

Improved

\$700

\$750

Preventive/Basic services
→ Impacted wisdom tooth extractions

Basic

Improved

\$700

\$750

Fillings

Basic

Improved

\$700

\$750

Basic services
→ Oral surgery
→ Endodontics (root canals)
→ Periodontics (gum treatments)

Basic

Improved

\$700

\$750

Major restorative
→ Crowns
→ Bridges
→ Posts

Basic

Improved

\$700

\$750

*Note that total coverage can't exceed 100%.

Insured portion

Alumo Dental Network savings

Portion not covered

Extra support when you need it

Mental Health & Wellness

Student Assistance Program
Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

Gender Affirmation Care

Gender-affirming medical coverage and legal assistance for students on their gender affirmation journeys

For eligibility details, see [alumo.ca](#).

Travel Plan

Travel Up to \$5,000,000		Amount Covered	Eligible
Travel coverage Includes coverage for the duration of a student exchange/internship		120 days	per trip
Medical incident In case of a medical emergency when travelling		\$5,000,000	per lifetime
Trip cancellation Pre-paid, non-refundable trip expenses in case of a medical emergency		\$3,000	per trip
Trip interruption In case of a medical emergency		\$7,500	per trip

Plan fees

Health & Dental Plan combined annual fee*

\$303.95

*These fees are for the Improved Plan.

Health Only annual fee*

\$126.13

Dental Only annual fee*

\$177.82





Looking for a different level of coverage?
Try the Basic Plan (lower coverage at a lower cost) for \$262.85. See [alumo.ca](#) for details.

If you're automatically covered, the Improved Plan fee for coverage from September 1 – August 31 is included in your tuition and other fees. New students who opt in during the Spring or Summer Term pay pro-rated fees for coverage until August 31. Find out more details online.

Change-of-Coverage & Opt-Out Period

Fall Term (opt ins and opt outs):
August 10 – September 21, 2026*

Spring Term (opt in for new students only):
January 5–29, 2027

Summer Term (opt in for new students only):
April 20 – May 18, 2027

*Early Bird! If you complete your opt out before **August 14**, you can have the Plan fee reversed from your student account by the tuition fee payment deadline.

Family add-on

You can add coverage for your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [alumo.ca](#) for instructions.



\$303.95

Add one dependant for full-year Improved Plan coverage



\$607.90

Add unlimited dependants for full-year Improved Plan coverage

Family add-on fees for coverage from January 1 – August 31, 2027 (for new Spring Term students) and from May 1 – August 31, 2027 (for new Summer Term students) are available online.